

ST. TIMOTHY ANGLICAN CHURCH

Sunday, October 4th, 2026 – 10 AM

St. Francis of Assisi, Deacon and Friar



St. Francis Preaching to the Birds, by Johann Anton Ramboux

HOLY EUCHARIST

*Meeting on the Traditional Territories of the xʷməθkʷəy̓əm (Musqueam),
Skwxwú7mesh (Squamish), & səliwətaʔ (Tsleil-Waututh) Nations.*

*All the words of our worship service will be shared on our screen.
Bulletins are available for those who prefer print.*

*You are invited to join us in saying the **bold texts***

Words of Welcome
The Ven. Ruth Monette

Opening Hymn
“All Creatures of our God and King” CP-355

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

And also with you.

Almighty God,
to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

The Collect of the Day

Grant us, Almighty God,
after the example of your holy servant Francis,
to do what you would have us do,
and always to desire what is pleasing in your sight,
that cleansed by your love,
enlightened by your truth,
and kindled with the fire of your Holy Spirit,
we may follow in the footsteps of your beloved Son
and make our way to you, O God most High;
through Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. **Amen**

Children's Talk

Children are invited to join our Sunday school class downstairs.

Gloria

"Glory to God" CP-702

The First Reading

Isaiah 58.6–11

Read by Declan

"Is not this the kind of fasting I have chosen: to loose the chains of injustice and untie the cords of the yoke, to set the oppressed free and break every yoke? Is it not to share your food with the hungry and to provide the poor wanderer with shelter— when you see the naked, to clothe them, and not to turn away from your own flesh and blood? Then your light will break forth like the dawn, and your healing will quickly appear; then your righteousness[a] will go before you, and the glory of the Lord will be your rear guard. Then you will call, and the Lord will answer; you will cry for help, and he will say: Here am I.

"If you do away with the yoke of oppression, with the pointing finger and malicious talk, and if you spend yourselves in behalf of the hungry and satisfy the needs of the oppressed, then your light will rise in the darkness, and your night will become like the noonday. The Lord will guide you always; he will satisfy your needs in a sun-scorched land and will strengthen your frame. You will be like a well-watered garden, like a spring whose waters never fail.

Hear what the Spirit is saying to God's People.

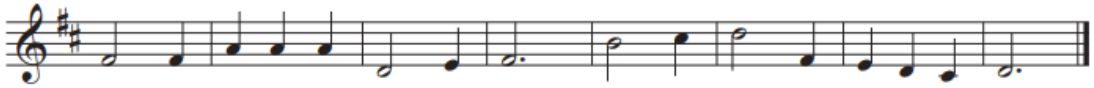
Thanks be to God!

The Psalm

Psalm 148

Our cantor today is William

The cantor sings the refrain first, then everyone repeats it the second time



Hal - le - lu - jah, hal - le - lu - jah, hal - le - lu - jah, hal - le - lu - jah.

Hallelujah, hallelujah, hallelujah, hallelujah.

Praise God from the heavens;
sing praise in the heights.

Sing praise, all angels,
sing praise, all you heavenly host.

Hallelujah, hallelujah, hallelujah, hallelujah.

Sing praise, sun and moon;
sing praise, all you shining stars.
Sing praise, heaven of heavens,
and you waters above the heavens.

Hallelujah, hallelujah, hallelujah, hallelujah.

Let them praise your name, O God;
for you commanded, and they were created.
You made them stand fast for ever and ever;
you gave them a law which shall not pass away.

Hallelujah, hallelujah, hallelujah, hallelujah.

O praise God from the earth,
you sea-monsters and all deeps;
Fire and hail, snow and fog,
tempestuous wind, doing God's will;

Hallelujah, hallelujah, hallelujah, hallelujah.

Mountains and all hills, fruit trees and all cedars:
Wild beasts and all cattle,
creeping things and flying birds;
Rulers of the earth and all peoples,
princes and all sovereigns of the world;
Young men and women,
old and young together.
Hallelujah, hallelujah, hallelujah, hallelujah.

Let them praise your name, O God,
for your name only is exalted,
your splendour is over earth and heaven.
You have raised up strength for your people
and praise for all your loyal servants,
the children of Israel, a people who are near you.
Hallelujah, hallelujah, hallelujah, hallelujah.

The Second Reading
Galatians 6.14–18 *Read by Bev*

May I never boast except in the cross of our Lord Jesus Christ,
through which the world has been crucified to me, and I to the world.
Neither circumcision nor uncircumcision means anything; what counts
is the new creation. Peace and mercy to all who follow this rule—to
the Israel of God.

From now on, let no one cause me trouble, for I bear on my body the
marks of Jesus. The grace of our Lord Jesus Christ be with your spirit,
brothers and sisters. Amen.

Hear what the Spirit is saying to God's People.
Thanks be to God!

Gospel Acclamation
"Alleluia" CP-709



Alleluia, alleluia, alleluia!

The Gospel Reading
Matthew 11.25–30

The Lord be with you.
And also with you.

The Holy Gospel of our Lord Jesus Christ according to Matthew.
Glory to you, Lord Jesus Christ.

At that time Jesus said, "I praise you, Father, Lord of heaven and earth, because you have hidden these things from the wise and learned, and revealed them to little children. Yes, Father, for this is what you were pleased to do.

"All things have been committed to me by my Father. No one knows the Son except the Father, and no one knows the Father except the Son and those to whom the Son chooses to reveal him.

"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."

The Gospel of Christ
Praise to You, Lord Jesus Christ.

Gospel Acclamation
"Alleluia" CP-709



Alleluia, alleluia, alleluia!

Sermon
The Ven. Ruth Monette

Music for Reflection
Erica Buchignani

The Apostles' Creed

Let us confess the faith of our baptism,
as we say,

**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again
to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

The Prayers of the People
Led by Geok

Eternal God, we thank you for the beauty of the World: for the teeming life of the seas, the flight of birds, and the diversity of animal life. Grant us grace to treat Creation with respect and care; to protect endangered species, to preserve the variety of habitats, and to honour the delicate balance of nature.

God of life,
hear our prayer.

We thank you for the wealth of blessings from land and sea; for the power of wind, and the warmth of sun. We pray for the nations of the earth, give us the will to cherish this planet and to use its resources sustainably for the welfare of all.

God of justice,
hear our prayer.

We pray for the faithful witness of the Church, called to reconcile and heal.

God of grace,
hear our prayer.

We pray for the human family. We exult in our diversity and giftedness, we repent of our sins, divisions and violence. By the power of your Spirit, restore your image within us.

As every human being is known and loved by you, may we care for one another with love and respect. We pray for those you have commended to our care.

God of compassion,
hear our prayer.

We pray for those who have died, whom we entrust to your eternal love; may we support and comfort those who mourn. God of peace,
hear our prayer.

Creator, out of your abundant love all things live and move and have their being. May we, who have harmed your creation, turn to you in the power of your grace, that seasons of healing and restoration may come to our island home. Through Jesus, with you and the Spirit, one God now and forever.

Amen.

Confession and Absolution

Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Most merciful God,
**we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.**

**We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways,
to the glory of your name. Amen.**

Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord.

Amen.

The Peace

Hear God's promise of a redeemed creation: the wolf shall live with the lamb, the leopard shall lie down with the kid, and a little child shall lead them. They will not hurt or destroy on all my holy mountain.

The Peace of the Lord be always with you.

And also with you.

You are invited to share a sign of peace (such as a wave or a handshake) with those around you.

The Offertory

If you would like to donate to St. Timothy's, you can:

- *Click the "Donate" button on our website
(www.sainttimothy.ca)*
- *Send an e-transfer to office@sainttimothy.ca*
- *Contact the office at 604-299-6816 for*
 - *weekly offering envelopes or*
 - *to set up a monthly pre-authorized donation*

Offertory Hymn
"What Does the Lord Require of Me?" CP-171

Prayer over the Gifts

Loving God,
join our offering to the sacrifice of your only Son,
that our service may be stamped with his humility
and bear the image of his obedience;
through the same Jesus Christ our Lord.
Amen.

The Eucharistic Prayer

May God be with you.
And also with you.

Lift up your hearts.
We lift them up.

Let us give thanks to God our Creator.
It is right to give our thanks and praise.

It is right at all times and in all places
to thank and praise you Creator of all.
We praise you here on this Coast Salish land
where the Fraser River meets the Salish Sea,
where city and farm, wilderness and industry are side by side.

We praise you at a time
when the body of earth is broken again and again.
We give thanks for our place in the story of salvation.
Our ancestors journeyed with you in creation and migration.

They depended on the land,
were displaced from the land
and displaced others from their lands.
They knew you in tents and cities,
on mountains and by wells,
in families and in dreams,
and through wilderness prophets
who spoke of cedars and listened to ravens.

Together with angels and ancestors,
orca and salmon, bear and raven, salal and cedar
we join our voices with all creation
in this ancient honour song:

Sanctus
“Holy, Holy, Holy Lord” CP-719

We give thanks to you for Jesus,
whose first bed was a feed trough.
He was baptized into the Jordan,
tested in the wilderness,
he travelled in fishing boats
and told parables of farmers and seeds,
labour and wages, yeast and bread.

On the night before he died,
Jesus took bread,
food of the poor, the work of field and hearth,
he gave thanks, broke it and gave it to his friends saying:
Take and eat, this is my body, given for you,
do this to remember me.

Again after supper
he took the cup of wine, fruit of the land,
gave thanks and gave it to his friends saying:
This is my blood, which is shed for you.
When you do this, do it in memory of me.

Remembering Jesus' life, death and resurrection
and awaiting his coming kingdom,
we offer you this bread and this cup.

Creator, send your Spirit on these gifts
so that we know Jesus in them
and are gathered together with everyone
who shares this sacred meal of justice and community.

Fill us with the courage and love of Jesus,
that we may strive for justice and peace,
respect the dignity of every human being,
and safeguard the integrity of creation.

Bring us with all your saints
to your commonwealth of sparrow and lily,
child and beggar which is both now and yet to come.
All honour and glory are yours,
Creator, Christ and Spirit, now and forever. **Amen.**

The Lord's Prayer
SGP-12

As our Saviour taught us, let us pray.

The Breaking of the Bread

Creator of all,
you gave us golden fields of wheat,
whose many grains we have gathered
and made into this one bread.

**So may your Church be gathered
from the ends of the earth
into your kingdom.**

Agnus Dei

(Music by Nattaniel Bádue)

Lamb of God you take a -
mp
- way the sins of the world. Have mer - cy on us.
Lamb of God you take a - way the sins of the world.
Have mer - cy on us. Lamb of God you take a -
- way the sins of the world. Grant - - - us peace.

The Communion

The gifts of God for the people of God.
Thanks be to God.

Come to this table not because you must, but because you may.
Come not because you have all faith, but because you have some
faith and would like to grow.
Come because you love the Lord and would like to love more.
Come because all is ready and because you are his body.

All seekers of Christ are welcome at this table. If you want to receive communion, please come forward in line.

You are invited to receive both the bread and the cup, but you have fully received communion if you take only one or the other.

You may ask to receive a blessing instead of communion if you prefer.

If you would like communion brought to your seat, please ask someone nearby, and they can communicate this to those who are serving.

Communion Hymn
"Make Me a Channel of Your Peace" SGP-2

Prayer after Communion

God of all goodness,
who gave to your servant Francis
a will to be the servant of all,
grant us in our service of your gospel
to hold back nothing of ourselves for ourselves,
that Christ may receive the whole of our lives
into the habitations of light and glory;
through the same Jesus Christ our Lord.
Amen.

Glory to God,
Whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

Announcements

Event details are available on our website: sainttimothy.ca

Announcements and prayer requests are shared weekly via our email newsletter (sign up through our website). We have a few copies of this newsletter available on Sundays for those who prefer print.

Birthday Song

May the Lord bless and keep you. Bathe you in a love that is

5 A $\flat$ /G $\flat$ Fm B $\flat$ m E $\flat$ m7 A $\flat$ sus4 D $\flat$ G $\flat$

true. See the face of Christ in each per - son. Know that love is giv'n to

9 D $\flat$ G $\flat$ D $\flat$ G $\flat$ D $\flat$

you. A - le - lu a - le - lu Know that love is giv'n to you. A - le -

14 G $\flat$ D $\flat$ G $\flat$ D $\flat$

- lu a - le - lu Know that love is giv'n to you.

Blessing

The peace of God which passes all understanding keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord and the blessing of God our Creator, Redeemer and Giver of life be with you always.

Amen.

Recessional Hymn
“Sister, Let Me Be Your Servant” CP-500

The Dismissal

Go forth in the name of Christ.

Thanks be to God.

Please come and join us down in the hall for “coffee hour.” Thank you to Lourdes and Barb for providing the tea and coffee service today.

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The Ven Ruth Monette	Rector
The Rev Neil Jongbloed	Curate
Declan Parnell, Liz McEwan and William Constable	Wardens
Vern Seel	Treasurer
Sam Jamieson	Office Assistant
Lois Holmlund	Rental Coordinator
Erica Buchignani	Musician

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